

**Freedom of Information Act / Environmental Information Regulations Request**

Reference: ECC18897715 08 25  
Response: 19 August 2025

I can confirm that Essex County Council does not hold this information.

**1. Since 1 January 2020, have any schools within your local authority implemented a system of “non-verbal days”, “quiet days”, “silent days” or similar initiatives where individual children are exempt from speaking for a period of time?**

**2. If possible, please provide:**

**a. The number of schools that have run such initiatives**

**b. The names of the schools and the date they introduced the initiative**

**3. If possible, please share any internal guidance, emails or policy documents related to these events**

There is no information held by ECC Education Directorate as regards internal school ‘special days’ or ‘times’ that this FOI refers to. Any ‘special days/ times’ are an internal school/ trust matter.

Some or all of the information you require may be held by schools in Essex.  In order to assist you with your enquiry, in line with section 16 of the Act, we have provided below some links which contain the contact details for Essex schools.

Get Information About Schools

[Get Information about Schools - GOV.UK (get-information-schools.service.gov.uk)](https://get-information-schools.service.gov.uk/)

You can open an excel spreadsheet of all Essex County Council schools from a link on this page: [Search for information about a school | Essex Schools Infolink](https://schools.essex.gov.uk/find-information-about-schools/search-information-about-school)

**Your Right to Know**

Democracy and Transparency

Essex County Council

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